

## **Receiving Holy Communion**

In these troubled and troubling times, the question of the reception of Holy Communion is naturally upper most in some people's minds. Canon Law 920 makes it clear that once admitted to Holy Communion a Catholic is only obliged to receive this at least once a year. The preferable time for this is during Easter but the canon notes that for a good reason this obligation can be fulfilled at any time of year. For this reason the directive of Canon Law 935 is to be observed in this Diocese, i.e. it is not lawful for anyone to keep the Blessed Eucharist in personal custody or to carry it around unless there is an urgent pastoral need and the prescription of the Diocesan Bishop gives permission. Even at this time, if it is desirable for anyone to receive viaticum or the Sacrament of the Sick, this can be arranged taking account of current health care advice.